QUALITY ASSURANCE
PERFORMANCE IMPROVEMENT

DRAFT PLAN TOOL for FADONA  3.16.17

Vision

Your Vision

The Vision of The Facility is:

A vision statement is a formal statement that expresses the aspirations and goals of a company or organization.

The Facility is a for-profit or a not-for-profit organization dedicated to ...
Mission

Your Mission

The Mission of The Facility is:
A mission statement is a statement of the purpose of an organization; its reason for existing; a written declaration of core purpose and focus that normally remains unchanged over time.

Properly crafted a mission statements will:
- filter to separate what is important from what is not,
- state which markets will be served and how, and
- communicate a sense of intended direction to the entire organization.

The Facility is a not-for-profit organization dedicated to ...
Your Principals

The Principals of the organization are:

This is very individual per organization. It may be a list of specifically determined planned actions about how the organization treats people, interacts with the community, etc.

Table of Contents

1. Define Quality Assurance Performance Improvement (QAPI)
2. Explain our purpose of implementing QAPI
3. List our nine Guiding Principles
4. Discuss the differences between Quality Assurance v. Performance Improvement and their role in QAPI
5. List and describe the important Five Elements of QAPI
6. Explain our Next QAPI Steps

What is QAPI

QAPI stands for quality assurance performance improvement. The Centers for Medicare & Medicaid Services (CMS) description includes:

- Systematic
- Comprehensive
- Data-driven
- Proactive
QAPI Includes

QAPI involves the knowledge of:

- History
- Culture
- Team Members
- Resident Population
- Organizational Systems

What is QAPI

QAPI is the merger of two commentary approaches to quality, Quality Assurance (QA) and Performance Improvement (PI). The CMS adds that both QA and PI involve seeking and using information; however, there are differences in how this is accomplished.

QAPI Purpose
Our Purpose of QAPI

Our purpose for QAPI at The Facility is to enable the organization to take a more proactive approach to continually improving the way we care for and engage with our residents, caregivers, and other partners so that we may realize our vision to provide an environment where people are valued and allowed to flourish.

How to Do This...

To do this all employees will participate in ongoing quality assurance and performance improvement efforts which supports our mission by promoting individual growth and dignity, enhancing the quality of life and meeting the human and spiritual needs of our residents, staff and community.

Guiding Principles
The Facility Compliance Program Handbook 3/22/2017

Guiding Principals

The following guiding principals are examples and may or may not be applicable for your organization.

Guiding Principles

- QAPI holds a prominent role in management functions, with the same importance as monitoring reimbursement.
- QAPI is used to make decisions and guide our day-to-day operations.
- QAPI outcomes are the quality of care and the quality of life of our residents.

Guiding Principles

- QAPI includes all employees, all departments, and all services provided.
- QAPI focuses on systems rather than individuals with an emphasis on identifying system gaps, rather than blaming individuals.
- The Facility sets goals for performance improvement and measures progress toward those goals.
Guiding Principles

- The Facility makes decisions based on data, which includes the input and experience of caregivers, residents, families, health care professionals, and others.
- The Facility supports performance improvement by encouraging our employees to support each other as well as be accountable for their own professional performance and practice.
- The Facility has a culture that encourages, rather than punishes, employees who identify errors and capture guiding principles for the organization.

QAPI is Data Driven

QAPI is a data driven, proactive approach to improving the quality of life, care, and services in nursing homes. The activities of QAPI involve members at all levels of the organization to:

- Identify opportunities for improvement,
- Address gaps in systems or processes,
- Develop and implement an improvement or corrective plan, and
- Implement continuous monitoring effectiveness of interventions.

QA v. PI

Quality Assurance or QA is a process of meeting quality standards and assuring that care reaches an acceptable level. Nursing homes typically set QA thresholds to comply with regulations. They may also create standards that go beyond regulations. QA is a reactive, retrospective effort to examine why a facility failed to meet certain standards. QA activities do improve quality, but efforts frequently end once the standard is met.
### QA v. PI

Performance Improvement or PI (sometimes referred to as quality improvement) is a proactive and continuous study of processes with the intent to prevent or decrease the likelihood of problems by identifying areas of opportunity and testing new approaches to fix underlying causes of persistent/systematic problems. PI in nursing homes aims to improve processes involved in health care delivery and resident quality of life. PI can make good quality even better.

### CMS Five Elements

1. Design and Scope  
2. Governance and Leadership  
3. Feedback, Data Systems and Monitoring  
4. Performance Improvement Projects (PIPs)  
5. Systematic Analysis and Systematic Action

### Design and Scope
Our QAPI is integrated into all care and services with a focus on:

- Clinical Care
- Quality of Life
- Resident Choice
- Balance between safety and choice
- Evidenced Based Best Practices

A QAPI program must be ongoing and comprehensive, dealing with the full range of services offered by the facility, including the full range of departments. When fully implemented, the QAPI program should address all systems of care and management practices, and should always include clinical care, quality of life, and resident choice.

QAPI aims for safety and high quality with all clinical interventions while emphasizing autonomy and choice in daily life for residents (or the residents agent). Last it utilizes the best available evidence to define and measure goals.
Governance and Leadership

QAPI is integrated into responsibilities and accountabilities:

- Our top-level management
- Our designated QAPI leader
- Use of reputable Consultant services

Governance and Leadership

The governing body should foster a culture where QAPI is a priority by ensuring policies are developed to sustain QAPI despite changes in personnel and turnover.

The governing body and or administration of the nursing home develops a culture that involves leadership seeking input from facility staff, residents, and their families and or representatives.
Assurances

The governing body assures adequate resources exist to conduct QAPI efforts. This includes designating one or more persons to be accountable for QAPI; developing leadership and facility-wide training on QAPI; and ensuring staff time, equipment, and technical training as needed.

Governance and Leadership

Their responsibilities include setting expectations around:

- safety,
- quality,
- Individual rights (residents/staff/others),
- choices, and
- respect.

Governance and Leadership

This is done by balancing safety with resident-centered rights and choices. The governing body ensures staff accountability, while creating an atmosphere where staff is comfortable identifying and reporting quality problems as well as opportunities for improvement.
Feedback, Data Systems, and Monitoring

Our QAPI plan uses a systematic process to deliver, monitor, and evaluate care and services using multiple sources to draw our data. This will be completed by:

- Input from residents/Families
- Input from Employees/Physicians/Contractors
- Outside agencies such as Agency for Health Care Administration (AHCA), Department of Health (DOH), Emergency Management (EM), etc., and
- Use of effective communication and feedback.

Feedback, Data Systems, and Monitoring

The facility puts systems in place to monitor care and services, drawing data from multiple sources. Feedback systems actively incorporate input from staff, residents, families, and others as appropriate. This element includes using Performance Indicators to monitor a wide range of care processes and outcomes, and reviewing findings against benchmarks and or targets the facility has established for performance.
Feedback, Data Systems, and Monitoring

QAPI also includes tracking, investigating, and monitoring Adverse Event that must be investigated every time they occur, and action plans implemented to prevent recurrences.

Performance Improvement Projects (PIPs)

Our Performance Improvement Projects (PIPs) are directed to improve care and services and will do so by:

- Selection of PIPs based on facility thresholds
- PIP will be reported during monthly Risk Management Quality Assurance scheduled and or Ad-hoc meetings
PIPs

- Consumer and Employee Satisfaction, formal and informal methods
- PIP Charters will be developed from data obtained on a focus area with a designated PIP team based on the topic being explored

Performance Improvement Projects

A PIP is a concentrated effort on a particular problem in one area of the facility or facility wide; it involves gathering information systematically to clarify issues or problems, and intervening for improvements. The facility conducts PIPs to examine and improve care or services in areas that the facility defies as needing attention.

Areas that need attention will vary depending on the type of facility and the unique scope of services they provide.

Systematic Analysis and Systematic Action
The facility uses a systematic approach to determine when in-depth analysis is needed to fully understand the problem, its causes and implications of a change. The facility uses a thorough and organized/structured approach to determine whether and how identified problems may be caused or exacerbated by the way care and services are organized or delivered.

Facilities are encouraged to develop policies and procedures and demonstrate proficiency in the use of root cause analysis (RCA). Systemic Actions look comprehensively across all involved systems to prevent future events and promote sustained improvement. This element includes a focus on continual learning and continuous improvement.

Our roles in QAPI are key
Role of the Administrator

discussion

Role of the Director of Nursing

discussion

Role of Medical Director

discussion
Role of Interdisciplinary Team

Responsibilities

- Be present, when in doubt ask questions, everyone counts!
- Participate in identifying risks or opportunities for improvement.
- Provide feedback to your supervisor, your thoughts matter.
- Aspire to provide the highest level of dignified, resident centered care and services.
- Follow policies and procedures and if there is a glitch, let your supervisor know so it can be corrected.
- Apply the Facility Code of Conduct Everyday.

References

QAPI at a Glance:
- http://go.cms.gov/Nhqapi

CMS - Centers for Medicare & Medicaid Services:
- http://www.cms.gov/
QUALITY ASSURANCE PERFORMANCE EDUCATIONAL IMPROVEMENT MODULE
FOR MORE INFORMATION PLEASE CONTACT ROBIN BLEIER AT ROBIN@RBHEALTHPARTNER.COM OR CALL 727.786.3032.